

SPECIALTY REFRESHMENT BREAKS

SOUTHWESTERN

Corn, Blue Corn and Red Chile Tortilla Chips
Guacamole and Salsa
Warm Black Bean Dip with Jack Cheese
Chili con Queso
Soft Drinks

SHORTCAKE FANTASY

Buttermilk Biscuits
Marinated Seasonal Berries
Vanilla Bean Whipped Cream
Chocolate Sauce
Coffee, Decaffeinated Coffee, Hot Tea

OLD FASHIONED SUNDAY PARLOR

Premium Ice Creams
Fresh Whipped Cream
Bananas Foster, Strawberry Sauce, Hot Fudge and Butterscotch Sauce
Oreo Cookie Bits, M&M's, Chopped Nuts, Cherries
Chilled Bottled Waters

Breaks are based on thirty minute durations.

SPECIALTY REFRESHMENT BREAKS

SANIBEL FITNESS BREAK

Assorted Stone and Hand Fruits
Granola and Power Bars
Chilled Bottled Waters

TROPICAL SMOOTHIE STATION

Fresh Blended Fruits, Berries, Juices and Yogurt
House Baked Nut Breads

CHOCOHOLIC

Brownies, Devil's Food Bars
Chocolate-Chocolate Chip Cookies
Chocolate Milk

ULTIMATE JUNK FOOD

Assorted Candy Bars
Assortment of Individual Bags Dry Snacks
Popcorn
Soft Drinks

PRETZELRIA

Jumbo Pretzels and Assorted Toppings
White and Dark Chocolate, Cinnamon
Coconut, Macadamia Nut
Mango "Mustard"
Soft Drinks

Breaks are based on thirty minute durations.

INTERMEZZOS

Selections from the Bakery

Freshly Baked Croissants, Muffins, Danish
Assorted Large Bagels with Cream Cheese
Assorted Fruit Filled Turnovers
Freshly Baked Brownies
Assorted Homemade Jumbo Cookies
Assorted Miniature French Pastries and Tarts

Refreshments

Freshly Brewed Coffee, Decaffeinated Coffee and Selection of Gourmet Teas**

Chilled Florida Orange or Grapefruit Juice**

Chilled Fruit Juices – Apple, Cranberry**

Individual V8

Iced Teas

Soft Drinks

Bottled Waters

Iced Tea**

Lemonade**

Fruit Punch**

Whole or Low-Fat Milk

**** Items Sold by the Gallon Only**

Additional Choices to Complement Your Break

Individual Fruit Yogurts

Whole Fresh Fruit

*Pretzels, Potato Chips, Tortilla Chips or Mixed Nuts

*Freshly Popped Buttered Popcorn

NY Style Giant Soft Pretzels with Assorted Mustards

Ice Cream Novelties

Assortment of Large Candy Bars

Power and Granola Bars

***We recommend one pound per fifteen guests.**

BREAKFAST MENUS

GULF COAST CONTINENTAL

Florida Orange and Grapefruit Juices

Assortment of Breakfast Pastries with Butter and Fruit Preserves

Freshly Brewed Coffee, Decaffeinated Coffee and Selection of Gourmet Teas

With Sliced Fresh Fruit

With Sliced Fresh Fruit, Cereals and Milk

