

## SENSUAL SUNSETS AT SANIBEL HARBOUR RESORT & SPA

SANIBEL HARBOUR, FL. – The Spa at Sanibel Harbour offers guests and local visitors a truly rejuvenating experience. With 40,000 square feet of pampering space that includes 29 private treatment rooms, spa-goers discover the perfect escape into sensual luxury. Guests of the spa choose from more than 60 beauty and body care treatments with options from soothing massage services, body wraps and scrubs to invigorating facials, manicures, pedicures and a full service salon. Spa-lovers choose a quick retreat, or from one of the full- or half-day packages.

The Story of the Spa at Sanibel Harbour begins 600 years ago, just before Ponce de Leon first set his eyes on Punta Rassa as part of his vast search for the fountain of youth. Here, on the same pristine eighty-five acres now known as Sanibel Harbour Resort & Spa, lived the Caloosa Indians, a Native American tribe so powerful that it dominated over forty different villages along the coastline of Southwest Florida.

The Caloosa people skillfully transformed our waterways into abundant riches of food and tools. They also constructed a series of intricately-detailed “shell mounds” - some up to 30 feet high and 150 acres in size - built out of conch shells, whelk shells, oysters and clam shells. While the Caloosa population all but disappeared by the late 1700’s, their legacy of “living off the sea” continues to inspire. At The Spa at Sanibel Harbour, we pay tribute to the spirit of the Caloosa, and follow them in bringing the wonders of the sea to the heart of our Spa.

From water therapies and salt glows, to cutting edge fitness and expert instruction, The Spa at Sanibel Harbour is a modern facility dedicated to timeless relaxation. Named one of the Top 10 Spa Resorts in the U.S. by *Condé Nast Traveler*, the resort features an experienced staff whose goal is complete customer satisfaction. Several treatments are derived from the science of “Thalassotherapy,” or the application of sea-based products. For a mind and body treatment, The Spa at Sanibel Harbour recommends the BETAR sensation. The BETAR (Bio Energetic Transduction Aided Resonance) bed at Sanibel Harbour is one of only 16 such systems in the world, providing a totally unique experience. This state-of-the-art, high quality sound system bathes the entire body in sound waves, facilitating a state of deep relaxation. Guests who experience this treatment float away on a bed of sound for the ultimate in relaxation.

Specially designed spa packages provide an ideal way to enjoy a pampering mixture of spa treatments and services. Package prices are inclusive of all services charges and offer a value of 15% off the a la carte service prices. All packages include full use of the Spa & Fitness Center facilities during the day of service. The option of full-day, half-day or overnight packages enables guests to personalize the experience resulting in the most relaxing escape.

In addition to traditional spa services, The Spa at Sanibel Harbour provides a variety of options for physical activity within its facility. There is genuinely something for everyone, such as a heated indoor pool for laps, aerobics room and classes, outdoor basketball courts, championship tennis-courts, a cardio "movie-theatre," Pilates/yoga studio and so much more. The fitness center is fully equipped with the most up-to-date equipment and offers certified personal trainers for guests who want to take workouts to the next level. The Fitness Center also offers a rotating schedule of daily exercise classes available to all Fitness Center members. Resort guests are welcome to join in the classes as a part of the daily exclusive benefits fee.

Just 19 miles from the airport, Sanibel Harbour Resort & Spa allows guests to escape to a gracious 85-acre seaside resort where the captivating views are as endless as the world-class amenities. Recipient of the AAA Four-Diamond Award since 1992, as well as a proud member of Preferred Hotels & Resorts Worldwide, the resort is a luxurious tropical escape overlooking Sanibel and Captiva Islands on Florida's southwest Gulf Coast. The 385 luxurious guest rooms are secluded on the lazy shores of San Carlos Bay with its own private 100-ft yacht for a captivating dinner cruise along with its exclusive fishing pier. The award-winning Spa adds balance to any successful business venture.

For information or room reservations, please call toll free at (800)767-7777 the resort directly at (239) 466-4000 to speak to a travel professional or visit the Web site at [www.sanibel-resort.com](http://www.sanibel-resort.com).

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Images available upon request.

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